


Recovery Implementation Task Force of Wisconsin
September 16, 2016

Recovery Education and Dual Recovery Committee Joint Meeting

Present: Kris Ball (guest), Ed Erwin, Julie Feilbach, Chris Keenan, Kayla Sippl, Faith Boersma, Kenya Bright

Review of goals from 2014 Strategic Planning:

- *Early intervention for youth* 
- *Outreach/education (internal/external)*
 - *YouTube*
 - *Written (multiple brochures)*
 - *Social media*
 - *Speakers' bureau (what exists? Create if needed)*
- *Create list of options (of programs and services) with explanation for consumers*
- *Develop specific projects and disseminate: (what exists?)*
 - *Specific Comprehensive Community Services (CCS) training:*
 - *Consumer/empowerment*
 - *Co-presenting*
 - *Recovery is possible*
 - *Community Support Program (CSP) to CCS (transition)*
 - *CCS success stories*

Strategic planning with Kenya

Recovery Education Committee Vision: People lead their own recoveries and actively participate in all chosen aspects of their lives and communities.

Recovery Education Committee Mission: To educate in order to increase understanding of recovery. **Dual Recovery Committee Mission:** To expand the implementation of effective practices, grounded in the principles of recovery, that support people living with mental health, substance use, and associated ongoing healthcare conditions.

Elevator speech exercise (Who, What, Where, Why, When, How):

- Who are we?
 - Consumers, lived experience, trauma-survivors, people who are in recovery/have recovered
 - Advocates
 - Cross-section from across the state
- Key words:
 - **Trauma-informed**
 - **Hope**
 - **Community**
 - **Recovery**

- Educate
- Awareness
- Evidence-Based Practices (EBPs)
- Relationships
- What/How:
 - Promote recovery in a way that manages both substance use (SU) and mental health (MH).
 - Through different educational methods (e.g. website, brochures, speaking).
 - To have input to the state/state programs for education about recovery
 - Sharing information/ideas
 - Spread hope in a way that inspires recovery
 - There are different methods of/to recovery
- Topics (What):
 - Trauma-informed care
 - Person-centered
 - Self-advocacy
 - Certified Peer Specialists
 - Language
 - Stigma
 - What recovery means to different people
 - Dual recovery
 - Stories of recovery

Goals Brainstorm:

Top Four Goals:

1. Get more young people (teen - 30) involved in the discussion about recovery (MH and SU)

Ideas: more education and support groups, supported education, awareness, hope, stigma, relationships, EBP on engagement with this population, create space to learn from young people about what recovery means to them – they educate *us*.

2. Implement high fidelity substance abuse (SA) & MH programs/services across WI

3. Promote a hope-focused, trauma-informed, recovery-based model for SA & MH programs/services across WI

4. Promote recovery through strengths-based language, person-centered everything

Other Goals:

- *Incorporate a lived-experience/consumer perspective in SA & MH programs/services across WI
- *Get more members to committee
- *When people say recovery, they automatically think dual
- *Mental health and addiction programs work together, sharing info
- *Model recovery behaviors in all aspects

- *Awareness and breaking stigma in community
- *More peer classes on education and recovery
- *More people realizing that there is HOPE
- Create list of activities/events that promote recovery/awareness
- Educate that recovery is possible
- Dual recovery treatment programs with dual-credentialed people
- Gather information from across the state
- Discuss what we agree with, should add
- Spread information to others
- Like to be on RITF
- More volunteers and CPSs in organizations, hospitals, justice system
- More support groups
- More trainings on awareness and education (trauma-informed care and crisis CPR)
- Early education and support for youths
- More education on dual diagnosis and dual recovery
- Ensure high fidelity SA & MH programs/services across WI
- Expand high fidelity SA & MH programs/services across WI

Homework: Review strategic planning information (above), brainstorm objectives and tasks for each goal, keeping in mind the highlighted key words.

Next meeting agenda: *Strategic Planning, Part II (Kenya will facilitate)*: Finalize wording of goals, develop objectives and task for each goal, and prioritize actions.

Next Meeting: November 18, 2015 at Department of Agriculture