



Wisconsin Recovery Implementation Task Force • 1 West Wilson Street, Room 951 • PO Box 7851 • Madison, WI 53707-7852

Recovery Implementation Task Force

Training & Education Committee

Friday, November 17, 2017

1:45-3:20pm

Prairie Oak State Office Building
Department of Agriculture, Trade, and Consumer Protection
2811 Agriculture Drive
Madison, WI 53718

Minutes

- A. Attendance- Mark Dolan, Kayla Sippl, Theresa Kuehl, Ed Erwin, Maria Hanson, Julie Wood, Paula Verrett, Anneke Brainerd, Wendy Koch
- B. Elected to be Co-Chairs of the Committee were Ed Erwin and Anneke Brainerd
- C. Group talked about the need to improve ability for people to find information and review the information available. Also, having a clearer understanding the basic trainings that our available throughout the state for consumer and professional education on Recovery and related topics. Members noted that that there was need to know what is available for peer specialist who are new to the field or who are working in isolation at their worksites. Maria noted the training that area being used currently the multiple Recovery trainings, Trauma Informed Care, Motivational Interviewing, and Person Centered Care. There may be others available through the Bureau that should be easy to obtain.
- D. It was brought up that it may be a great deal of work to change these training completely per Ed from his previous experience rewriting documents. Paula noted that we would only be reviewing and updating the current power-point trainings for the current best standards and the

most up-to-date information so it shouldn't take as long, as long as we are willing to work in between meetings. Wendy recommended that we pick one training and share it with the entire committee between meetings and all of us review the training and come back to the committee with our notes to compile and create up-dated version.

- E. It was noted that Consumer input is highly important in these trainings. Theresa did note the importance of have a consumer present at every training that is presented to get the consumer perspective at the training. The Consumer testimonials in person or in the future the on-line means is a powerful means to teach the concepts of recovery to staff and consumers in these Recovery trainings. Ed brought up the Wise site as a possible link on-line Consumer testimonials that have already been done. Do we want to look at other options for possible on-line resource so we don't have to repeat creating the same thing that may already be in existence.
- F. It was brought up that the committee might look into creating a website or materials for new or peer specialist working in a solo or isolated environment. Maria talked about how when she started she had to start the process of going through a lot of materials and sorting out group materials from clinical materials that were and were not recovery oriented and items she created on her own for groups from her own materials over the years. She thought it would be interesting to create a CD or Website that had materials for new or isolated peer specialist where they could have recovery oriented group materials. Theresa asked do Peer Specialist feel they have enough tools to utilize when they practice their craft. Are the resource easily available to them and how could we go about making that possible. Julie admitted it was very piecemeal getting resources and would be great to build something to provide more materials for peer specialist. It was determined that we would hold off on this work until a later date.
- G. It was asked about what kind of lifespan work Peer Specialist do and if peer specialist work with children. Paula stated that normally Peer Specialist work with adults except in rare situation, like in one situation where a CPS would in a CCS program and work in the school but he isn't designated as a CPS in his program. Other than that in some of the intuitions adolescents may be in adult forensic situations and deal with institute CPSs. Anneka stated that she feels as a CPS she has learned to treat everyone in a person centered manner with dignity and respect in all ways in all of her interactions with everyone she deals with. Wendy noted that at a recent conference for children instead of recovery they used the term discovery since children were not recovering wellness in their life but discovering wellness in their life.
- H. It was discussed if the trainings would be focused on being targeted towards both professionals and consumers or have separate trainings for each also can some of the training be done on-line. Paula noted that professional and consumer have two different perspectives. For the consumer it is why am I coming here and what do I need to know. What is important to me in my recovery? What are the principles to recovery for me as a person in recovery? Rather than as a professional it is more how do I empower a person in recovery? It is not all taking medications. It is person driven rather than by the physician. They need to know how to

empower the individual. Aneka stated that in parenting class she was taught that empowering a child and she believes and adult is a matter of simplicity. Paula thought that the best things was review one of the training for the best standards and most up to date information first and then look at it as whether it should be split or together for consumer and professional and what could be done on-line.

- I. Maria stated it would make sense to start with the original training Recovery 101. Theresa would contact Donna Reimer to get a copy of the Recovery 101 to the committee for review. Shelly noted that we should send out the material before the next meeting so all the members have sufficient time to work on the - before the next meeting. Wendy asked for a list of questions we should be looking for in the content of the training. Paula stated that we should simply look for things we like and dislike about the content and whether the information is current and recent information and needed to be deleted or have information added to it, then bring our notes to the table to see the area we have similar issues with. Shelly noted we will need a single draft copy to send out for approval with the state.

Final Decision: We will provide Recovery 101 Power point to all members of committee for review prior to next membership meeting on January 19, 2018. Please bring all of your notes so that we can review and put together a draft copy.