



Wisconsin Recovery Implementation Task Force • 1 West Wilson Street, Room 951 • PO Box 7851 • Madison, WI 53707-7852

## **Recovery Implementation Task Force**

**Friday, March 16, 2018**

9:00 am - 12:00pm

Prairie Oak State Office Building  
Department of Agriculture, Trade, and Consumer Protection  
2811 Agriculture Drive  
Madison, WI 53718

### **Task Force Minutes:**

**A. 9:00 a.m. Welcome and Introductions**

- Maria Hanson, Julie Feilback, Julie Wood, Mark Dolan, Elizabeth Vieira, Michael Conwill, Evie Passow, Val Levno, Theresa Kuehl, Wendy Koch, Joann Stephens, Corbi Stephens, Paul Anderson, Chrissy Bernard, Rose Barber, Kris Ball, Robin Pedersen, Chris Keenan, Danielle Graham-Heine, Megan Sulikowski,

Guest Speaker: Oliver Johnson

**B. 9:10 a.m. Announcements**

- Maria Hanson announced Mendota Mental Health Consumer Conference NAMI Wisconsin Conference April 20 and 21
- Michael Conwill announced upcoming events in Ashland and Eau Claire
- Robin Milwaukee NAMI Walk is coming up in May, can be found on the NAMI Greater Wisconsin website
- Danielle Graham-Heine announced CCS Statewide Meeting is scheduled for April 4
- Joann Stephens announced Governor Walker proclaimed May is Trauma Informed Awareness Month with May 22 is Trauma Informed Care Day

**C. 9:20 a.m. Bobs Rules of Order / Meeting Guidelines**

- Maria reviewed rules and expectation of the meeting

**D. 9:30 a.m. Review minutes from last meeting**

- Joan Stephens question around confidentiality issues, diversity and recruitment and the potential Mai Zong to speak on diversity. It was at this time to possibly put this on hold till after today's speaker and the committee will have the ability to determine if additional information / resources are needed for diversity and cultural competencies.

Potential topics – is this something that the one of the sub-committees should review and focus on and/or should it be part of the RITF Committee

Rose Barber made a motion to approve minutes, Michael Conwill second motion

E. 9:40 a.m. RITF Structure, Recap of Executive Committee Review of Managing Participants in a Training Document Discuss Committee Roster Discuss Committee Attendance

RITF Structure

- Reviewed expectations of the committee and the importance to stay focused and on topic. It is important to remember that this meeting is meant as an advisory committee and to avoid looking for “therapy” and personal supports. The ability to stay on task and on topic will continue to support the purpose of the group.

Reviewed Managing a Crowd When Training: Handling Difficult Situations and People Document

- Discussed the different personality types and how this may impact the group / committee  
-Robin provided a reminder to be reminder of one another while speaking or when another has a comment. It was also suggested that this document be reviewed at each meeting  
- Joann talked about the importance for a structure of a meeting and how this information can support the group and the purpose of RITF with systems change within BPTR – DCTS.

Recap of Executive Committee

-discussed concerns regular attendance for the RITF and the concern of how there have only been 3 members attend all past 3 meetings. Discussed how the fluidity of the meeting and the challenges when members do not attend consistency. Discussed the need for continued commitment. There is a need for all to complete an application to support current data, who is participating on the subcommittee. There will be a letter sent out to all members, along with the application. The due date for this is April 13. This is important due to determining who is on the RITF and the number of openings available to bring on new members

- PR and QE Committee Report

Chris Keenan discussed the topic of the PR and QE meeting and the importance to have equal engagement by RITF members. Reviewed focus on last committee meeting and the focus on the PSR rewrite and the request by DCTS

-Education and Training Committee Report

Michael reviewed Recovery Training 101 discussed possible pod cast trainings, how the subcommittee could offer options and will look at alternative options such as mentoring, booster training, etc. Reviewed Booster Training to offer 1 to 2 day training to offer an updated information focusing on SU for “seasoned” Peer Specialist

- There have been concerns about some applications not being received, which it was suggested to fill out a new application if an individual's name is not noted on the handout of the current committee members

- Discussed terms limits which has been determined to end term limits at this time.
- Discussed trying to organize the RITF, subcommittee, and meetings that includes all materials and process. There has been some shift in how the process has and/or has not worked well over the past meetings with the focus on trying to improve organization and rebuilding the foundation of the RITF.

Membership committee leader is needed which requires a phone call – Rose Barber volunteered to take on this role

- 2017 identified that there was a note that addressed possibly providing a Membership Binder, which the Membership Committee will determine what this will look like
- There has been a DVD developed and it was questioned if there was a need for this information and how could these historical documents can could be available

F. 10:40 a.m. Break

G. 10:50 a.m. Oliver Johnson from Voices of Recovery: Discussion on Diversity

Maria introduced speaker Oliver Johnson to discuss Voices of Recovery discussion on Diversity and the success that Voices of Recovery has had on the diversity

- Diversity and Building
  - Looked at 2 components
    - 1. Who we are.
    - 2. Who we are going to engage.
  - Diversity definition:
  - Culture definition:
    - Ability to combine both definitions to support multicultural component
    - Group of people who bring a variety of back groups, perspectives, aspects to the group
      - Back grounds consist of age, national origins, economics,
      - Need to have an awareness of biases
  - Cultural Lens – norms / values
  - How do you build cultural diversity group ( to include all)
    - Reach out, ask questions, get to know the person
    - Determine beliefs of different communities / cultures and view on mental health
    - Educating ourselves / putting ourselves in others shoes / seeing things through their eyes
    - Commonality between groups
    - Awareness of self with a culture
    - Recognize who “I” am
    - Begin to have an awareness of culture groups and the differences between the multiple layers
    -
  - Barriers that interfere with cultural diversity
    - “bypassing”
    - “Tokenism”
    - Ethnocentrism
    - Personal Biases

- Differences between commonality – generality and/or realistic
- Unknown
- Steps to become culturally diverse
  - How do we want to be?
  - What are the strategies of the group?
  - How will the group restructure?
  - How to build solid relationships?
  - What is the climate of cooperation / community?
    - Excitement of new individuals coming in, besides the sadness of an individual leaving
- The KEY to move through the steps to become Culturally Diverse
  - Communication
  - Listening
- How to make it work?
  - Understanding
  - Acceptance
  - Self-esteem (personal and group)
  - Equity
- Diversity is one of the true things we have in common and should celebrate this everyday

H. 11:50 a.m. Recap action items – identify and list who is doing what

Action steps –

- Reach out to diversity groups and begin to think about what where this should take place
- Develop a better understanding on the communities
- Determine what diversity the RITF group is lacking
  - Assess a need – what is underrepresented
  - Understanding perspectives from different cultures
- Is there a need to review policies such as:
  - If term limits are no longer then how can the RITF begin to develop a more cultural diverse committee
  - How can the task force become more inclusive and is there a need to have membership to step back and look at what are needs are
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- Take a look at different webinars available to begin to develop a better understanding
- Begin to look at our culture and how can we begin to question “what can I do for you”
  - White culture – white privilege

**Contact Staff Person RITF:** Laleña Lampe- [Lalena.lampe@dhs.wisconsin.gov](mailto:Lalena.lampe@dhs.wisconsin.gov) or 608-266-2476 (Office), 608-669-3857 (Cell)

**Contact Person for RITF Support:** Joann Stephens – [Joann.Stephens@wisconsin.gov](mailto:Joann.Stephens@wisconsin.gov) or 608-266-5380 (office), 608-405-2569

**Note:** Please refrain from wearing perfumes or scented products to accommodate those with chemical sensitivity or environmental illness, and refrain from flash photography without permission of all present to accommodate those with seizure disorders.

**Accessibility:** This meeting is accessible to people with mobility impairments. People needing accommodations to attend or participate in this meeting please notify the contact person five days prior to the meeting.

*Recovery Implementation Task Force Mission Statement*

To transform Wisconsin mental health and substance abuse services to embody recovery, hope, dignity and empowerment throughout the lifespan, in partnership with the DHS-DCTS-BPTR.