



Wisconsin Recovery Implementation Task Force • 1 West Wilson Street, Room 951 • PO Box 7851 • Madison, WI 53707-7852

Recovery Implementation Task Force

Friday, March 17, 2017

9 a.m. - 11:30 a.m.

DATCP CR 411

Prairie Oak State Office Building

Department of Agriculture, Trade, and Consumer Protection

2811 Agriculture Drive

Madison, WI 53718

NOTES

Present: Mark Dolan, Val Levno, Kris Ball. **Department of Health Services staff:** Kayla Sippl, Danielle Graham-Heine, Julianne Dwyer, Faith Boersma

Introductions and Updates:

Val Levno: Monthly community behavioral health, primary care, hospital provider, and school staff meetings have started in the Ashland/Bayfield area. She made a presentation on Certified Peer Specialists (CPSs). The biggest barrier right now is not having training. The Ashland School District has the AWARE grant, and through that has the screening rights to the movie *Resilience* and will be showing at the end of the month.

Kris Ball: She runs support groups in the Brown County jail. The Mental Health Court refers people to the Peer-to-Peer course offered by NAMI. She has created a "New Beginnings" trifold that offers short, simple lists of resources for various needs, such as food, shelter, mental health care, etc. Access to care and medication is a challenge. A new 75-bed psychiatric facility called Willow just opened in Green Bay.

Julianne: Prevent Suicide Wisconsin Conference is happening on April 19th in Wisconsin Dells. Val Neff will be presenting a breakout on Alternatives to Suicide Peer Support groups. There is a call for applications for healthcare systems for the Zero Suicide quality improvement model, due March 31. (<http://www.preventsuicidewi.org/>) Dialectical Behavioral Therapy (DBT) has proven effective in reducing suicide attempts and deaths by suicide, with the 'active ingredient' being reduced hospitalizations.

Kayla: She was in Tampa last week for a national conference. The National Crisis Textline presented (<http://www.crisistextline.org/>). They have a lot of data, and found common predictors of suicide in emojis and discussion of household medications. Miami MOVE (Motivating Others through Voices of Experience) used a hashtag #therapistsbelike for people to share their experiences - good and bad - in treatment. Utah has an eight-hour training for CPS who work with young adults. Massachusetts recently put together a training call GIFT (Gathering and Inspiring Future Talent) for young adults to look at their strengths before they decide whether to go through CPS training. USA Today network has put out a video contest for youth/young adults to create a 1-minute video sharing what they think society should know about mental health. See attached flyer.

Comprehensive Community Services (CCS): The CCS Statewide meeting is April 12 at Jefferson St Inn in Wausau. We discussed three breakouts: The Bucket Approach (*Julianne Carbine, NAMI-WI*), Meaningful Involvement of Coordinating Committees (*Ellie Jarvie*), and CCS Consumer Perspectives and Feedback Forum (*Chris Keenan*). Regarding Chris's forum: Val Levno noted that the instructions for CCS surveys do not direct people to submit the comments from consumers. She is also concerned that in very small counties if the comments are connected to the county, it will be easy to identify the person who made the statement. She suggested that if the text of the

comments were to be used, that it should not be connected to the comments. She also suggested that we share the quantitative data from consumer feedback as well. She would find it interesting as an administrator to see feedback from the participants in the workshop on their experience in CCS. She noted that their Coordinating Committee is very involved in providing direction to the program, except when it comes to the surveys. She is wondering how to get the committee more involved in Quality Assurance (QA) and Quality Improvement (QI).

Co-chair and Membership: Mark Dolan elected as co-chair. Faith will review meeting notes since the beginning of 2016. Anyone who has not been present since 2015 will be automatically taken off the list. Other members will be contacted to confirm whether they still want to be on the committee. Faith will work with Ellie to make sure everyone who is a member has an application on file. Bob's Rules:

<https://ritf.wisconsin.gov/ritffiles/BobsRulesofOrder%20%282%29.pdf>

Committee Action Plans and Prep for RITF Large Group Strategic Planning:

Goal 1. Involve more young people (teen – 30) in the discussion about recovery (MH and SU): We will focus on messaging for this goal. The committee could promote the winning videos from the USA Today contest. Val Levno and Kayla will look for the link to the YouTube video from Rhinelander, with a young man talking about labels, to share with the committee. The committee could suggest items for DHS to Tweet, promote, etc. Kayla is working on a young adult and mental health webpage, which could be a Launchpad for this. Perhaps a connection with WI Initiative for Stigma Elimination (WISE) would be useful. Safe person decal and Seven Promises:

<https://wisewisconsin.org/safeperson/>

Goal 2. Integrate a hope-focused, trauma-informed, recovery-based perspective into services for MH/SU programs across WI

2A. Review Bureau of Prevention Treatment and Recovery (BPTR) publications (e.g. websites, flyers, etc.)

This is mostly for the committee to be a resource to the Bureau. Faith will connect with Jason regarding publications, etc. to be reviewed. Recover Month in September might be a good thing in which to get involved. The committee could review the Recovery webpage on the DHS website, particularly the section on how people in recovery can get involved.

2B. Develop (year 1) and Provide (year 2) at least 3 breakout sessions/workshops that influence MH/SU program staff, Certified Peer Specialists (CPS), and 'consumers' – The committee has taken a lot of action on this item (e.g. CCS statewide meeting). Faith will connect anyone who wants to be on the planning committees for the Crisis Conference and the Mental Health and Substance Use Recovery Conference, with the conference to coordinators to see what the process is for becoming involved in the conference planning.

2C. Influence BPTR rule re-writes/program development – Val Levno noted that there was discussion on consolidating administrative rules for psychosocial rehabilitation programs. This would not occur in the immediate future; however, it would definitely be important for this committee to be involved.

Goal 3. Promote recovery (in the community) through strengths-based language, person-centered everything –

This item seems overwhelming, and less DHS-connected than the others. It is connected especially to goal two, and perhaps could be integrated into that goal? Could we choose one tangible action item on which to focus? Resource: Office of Children's Mental Health Strengths-Based Language guide

(<https://children.wi.gov/Documents/CIP%20Language%20Guide.pdf>). Would integrating primary care with behavioral health be a topic for activity? The Trauma-informed Care Coordinator position is currently vacant; this could possibly be a connection. We can request the Theresa Kuehn, who is the new Person-Centered Care Coordinator at DHS, come to this committee.

July 21, 2017 Agenda Items (no May committee meeting due to RITF large group strategic planning):

- Bob's Rules
- Follow-up from CCS statewide meeting
- Update on the STR grant
- Chino and Kayla – adolescent substance use prevention messaging
- Review strengths-based language guide (This does not focus on substance use – should we also look at that? e.g. Office of Drug Control Policy guide:

<https://obamawhitehouse.archives.gov/sites/whitehouse.gov/files/images/Memo%20-%20Changing%20Federal%20Terminology%20Regrading%20Substance%20Use%20and%20Substance%20Use%20Disorders.pdf>)

- Refine third goal and/or integrate into other goals
- Follow up on RITF large group strategic planning
- Fall conferences

Contact person: Faith Boersma, Faith.Boersma@wisconsin.gov

Note: Please refrain from wearing perfumes or scented products to accommodate those with chemical sensitivity or environmental illness, and refrain from flash photography without permission of all present to accommodate those with seizure disorders.

Accessibility: This meeting is accessible to people with mobility impairments. People needing accommodations to attend or participate in this meeting please notify the contact person five days prior to the meeting.

RITF Dual Recovery/Recovery Education Committee Mission Statement

To increase understanding of recovery through education and application of effective practices, grounded in the principles of recovery, that support people living with mental health, substance use, and associated ongoing health care conditions.