

Recovery Implementation Task Force of Wisconsin
November 18, 2016
Recovery Education and Dual Recovery Committee Joint Meeting Notes

Present: Ed Erwin, Mark Dolan, Val Levno, Val Neff, Aaron Rasch, Robin Pederson, Kayla Sippl, Julianne Dwyer, Danielle Graham-Heine, Faith Boersma

Introductions, Goals, and Gifts

Local recovery updates:

- *Val Levno:* Ashland/Bayfield has hired two CPS, and have hired two more, who still need training.
- *Ed Erwin:* Individual in Madison got some media coverage regarding his experience with mental health challenges and working with PROP (Promoting Recovery from Onset of Psychosis), shared from a recovery orientation.
- *Aaron Rasch:* He has been doing training with small groups in the community – grassroots education/interactive discussion, e.g. ‘Compassionately Supporting Someone in Emotional Distress’

Robust discussion about perspective around ‘mental illness.’

Breakout into three small groups to refine strategic planning goals and develop action plans:

[Tabled Goal: *Implement high fidelity substance abuse (SA) & MH programs/services across WI*]

1. Involve more young people (teen – 30) in the discussion about recovery (MH and SU) – Val N, Kayla, Danielle

Ideal:

- Youth/Young Adult (Y/YA) led committees
- Resource clearinghouse
- Support for obtaining basic needs
- Identification/connecting to community supports
- Get communities to begin conversations about recovery and link to Y/YA ‘world’

Specific:

- Advisory YES council connected to RITF
- Awareness – conferences, paper?
- Support from RITF for PSAs?
- How do Y/YA access info? Meet with each other?

Action: Outreach through supporters for Y/YAs experiencing homelessness

2. Integrate a hope-focused, trauma-informed, recovery-based perspective into services for MH/SU programs across WI – Val L, Robin, Faith

A. Review Bureau of Prevention Treatment and Recovery (BPTR) publications (e.g. websites, flyers, etc.)

- i. Invite Jason Fisher as a standing member of committee
- ii. Establish process and scope with Jason at January meeting
- iii. Implement process/review at least 2 documents annually

B. Develop (year 1) and Provide (year 2) at least 3 breakout sessions/workshops that influence MH/SU program staff, Certified Peer Specialists (CPS), and ‘consumers’

- Year one (Develop): convene workgroup
 - i. Identify who and invite
 - ii. Schedule meetings
 - iii. Review/develop content (one presentation that can be re-used)
- Year two (Provide):
 - i. Identify opportunities
 - ii. Identify who can do it
 - iii. Invite ourselves to provide the training

C. Influence BPTR rule re-writes/program development

- Year one: Establish process to:
 - Stay informed of opportunities
 - Respond to opportunities
- Year two: Implement process established in year one

3. Promote recovery (*in the community*) through strengths-based language, person-centered everything – Aaron, Mark, Ed, Julianne

- ID recovery-compatible education activities in the state
- ID activities with least barriers (e.g. cost)
- Create a list of these

Toolbox:

- Recovery 101
- Mental Health First Aid (MHFA)
- WI Initiative for Stigma Elimination (WISE)/Honest Open Proud (HOP) – youth and adult
- eCPR
- Lunch and learn (Ed)
- PROP
- Madison Urban Ministry (MUM) simulation exercises

- Community Connections
- Person-Centered Planning (PCP)
- Trauma-Informed Care (TIC)
- Peer Specialist training

ID and connect with existing community groups/recovery-compatible organizations:

- MUM
- Department of Corrections (DOC) programs
- Clubhouses – accredited and not
- Project Proven (Western Technical College)
- Grassroots Empowerment Project (GEP) – prison transition
- Independent Living Centers (ILCs)
- Madison Area Technical College (MATC) – adult learning
- Oxford Houses
- Respite Houses
- Other groups/organizations (e.g. YMCAs, libraries)

Request to full RITF at future meeting for brainstorming/identifying:

- January: Committee drills down/creates specific questions
- March: Facilitate discussion at full RITF meeting

Recruitment to RITF and RE/DR committee

(Beyond the clinical → social justice issues)

Check SAMHSA site for recovery-oriented services in WI

Asset mapping of recovery education activities in WI

Serve as a conduit to connect interested parties with recovery-oriented trainings

Corrections population

Next Meeting: January 20, 2017 at Department of Agriculture