



Wisconsin Recovery Implementation Task Force • 1 West Wilson Street, Room 951 • PO Box 7851 • Madison, WI 53707-7852

Recovery Implementation Task Force Friday, January 20, 2017

9 a.m. - 11:30 a.m.

DATCP CR 411

Prairie Oak State Office Building
Department of Agriculture, Trade, and Consumer Protection
2811 Agriculture Drive
Madison, WI 53718

NOTES

Introductions and Local Recovery Updates

Present: Ed Erwin, Val Neff, Chris Keenan, Julie Fielbach, Faith Boersma, Langeston Hughes, Kayla Sippl

- *Misc. discussion regarding historical and current events, and recommended documentaries*
- *Ed:* Last night there was a panel on Promoting Recovery from early Onset Psychosis (PROPs). They have a lot of hope for this program for people experiencing first episode psychosis.
- *Langeston:* Taylor and Iron County are changing their model for Comprehensive Community Services (CCS). Washburn County joined the Western region consortium. Two tribes are in the process of being certified. By this spring there should be 3 tribes and 64 counties providing CCS. We are working towards a Recovery Oriented System of Care (ROSC) that supports people with their mental health, substance use, and physical health, comprehensively. There is a potential partnership with Public Health and CCS asking people the one question whether they plan to have a child within the next year.
- *Kayla:* She saw the film "Resilience" last night, which covers Adverse Childhood Experiences (ACEs) and what Washington State is doing. RedGen will showing it February 15 and again in March.
- *Val N:* Director of Iris Place, Jesse Heffernan, is on the Governor's Task Force on Opioid Abuse. The task force recently released its recommendations, which include a significant budgetary ask for peer recovery services. The Adult Quality Committee of the Mental Health Council looked at data from psychosocial rehabilitation programs and found a need significant need for more attention to data collection and evaluation.
- *Chris:* Wisconsin is applying for opioid prevention grant \$7.6 million over two years. This is a great opportunity, but there is concern that there is no money allocated for evaluative efforts. Wisconsin has a significant shortage in workforce for data and evaluation of mental health and substance use services.
- *Julie F:* We are looking for a co-chair for the committee. She has been seeing a lot more CCS involvement with the clients at Beacon House (women's substance use treatment program in Fond du Lac).
- *Faith:* She is working with a Madison faith community to launch peer and family support groups. Wisconsin Initiative for Stigma Elimination (WISE) will be showing the documentary "Healing Voices" on February 21 in Oconomowoc, along with facilitated discussion. The RITF owns a copy of "The Anonymous People," a documentary on the addiction recovery advocacy movement, which people can borrow and view (with certain restrictions.)

Comprehensive Community Services (CCS) Workshops – Langeston shared that CCS will have a statewide meeting on April 12 at Jefferson Street Inn in Wausau. One room will be designated for RITF breakout sessions for the entire day. The morning session will be about 90 minutes. Then there are two breakout sessions in the afternoon. Ellie will be the lead contact person for the workgroup developing these sessions. One effort that we want to focus on is to encourage consumers from across the state to attend this meeting. The audience will be 'consumers' of CCS services, coordinating committee members, and CCS staff. In the registration communication, Langeston will strongly encourage counties to bring consumers to the meeting. Chris stated that we need to have a clear argument on why consumers would want to come to the meeting. Time and money are also considerations when supporting consumers to attend. Scholarships are another way to attract people. Workshop presenters will have travel and lodging reimbursed, and potentially a stipend (TBD - will ask Ellie). People who attend will gain knowledge, as well as have an opportunity for networking with peers. We suggested a more action-oriented break-out, perhaps around what's working and what's not, and opportunity to provide input/feedback on services. This could be structured as a caucus. Coordinating committee was suggested as a potential topic.

Topics:

- *What Can “Recovery” Look Like?* Including a variety of personal stories and facilitated discussion. Does it look different for young adults – should it be called something other than ‘recovery’? Identity, meaning and purpose could go in this session? Goal-setting and how to reach goals?
- Meaningfulness and purpose – separate session?
- Language
- Listening Session with CCS leadership/participatory session evaluating CCS experiences from the consumer perspective – consumer forum for discussion

Why should people come? To learn, gain wider (statewide) perspective, give back, make the system better, have a voice... - We will use our general topic areas to develop some text for the communication to counties.

Consumer satisfaction surveys have a lot of interesting comments (qualitative data) that aren't necessarily captured. Could this committee look at that information? It might guide what we would want to cover in breakout sessions.

Is there a Facebook group or other opportunity for virtual networking among CCS consumers? Would there be a CCS consumer who might want to coordinate this type of thing?

***We will set up a phone meeting with Ellie within the next month to continue the discussion.

Agenda Items for Future Meetings: **Strategic Action-ing tabled until next meeting, including potential full RITF discussion.**

Contact person: Faith Boersma, Faith.Boersma@wisconsin.gov

Note: Please refrain from wearing perfumes or scented products to accommodate those with chemical sensitivity or environmental illness, and refrain from flash photography without permission of all present to accommodate those with seizure disorders.

Accessibility: This meeting is accessible to people with mobility impairments. People needing accommodations to attend or participate in this meeting please notify the contact person five days prior to the meeting.

RITF Dual Recovery/Recovery Education Committee Mission Statement

To increase understanding of recovery through education and application of effective practices, grounded in the principles of recovery, that support people living with mental health, substance use, and associated ongoing health care conditions.